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Groups Discussions Quotes Ask the Author Showing that the horse needs to be seen as a student and the rider a coach, as well as that mental preparation is just as important as the physical, The Complete Horse Riding Manual is filled with information and indepth Showing that the horse needs to be seen as a student and the rider a coach, as well as that mental preparation is just as important as the physical, The Complete Horse Riding Manual is filled with information and indepth knowledge not found in other books. To see what your friends thought of this book,It contains beginner riding tips and visual diagrams, but also advanced riding and competition tips. This book also contains information on how to physically and mentally prepare yourself and the horse, and understanding the horse, which is essential to any rider. This book is a must have for any horse rider and lover, I would not recommend this highly enough! Thats being said, it had a lot of interesting information, and was worth reading. Not really for the casual riderbut heavily focused on preparing for jumping, dressage and eventing. Lovely photographs and many diagrams and charts, including ones that tell you probably what is wrong and how to fix it. This book makes a great reference book for the competing rider. Also has good info. for anyone of understanding your horse, balanced riding, coping with nerves, etc. Comprehensive chapter on physical preparation for the rider. However, with so many topics to cover, the information was a little too basic for me, because this sort of info you can find in any other horse book. Thats why Im only giving it two stars. There are no discussion topics on this book yet. Please try again.Please try again.Please try your request again later. Now revised and updated, the Complete Horse Riding Manual covers dressage, show jumping, and crosscountry riding, detailing everything you need to know to compete in these events, whether you are a beginner or more experienced rider.<http://tenkumo.co.jp/upload/fckeditor/7012-manual.xml>

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Complete Horse Riding Manual is brimming with advice on finding the best horse for you, training a young horse, forming the ultimate horseandrider team, boosting and maintaining your own physical fitness and suppleness, and building the fitness and stamina of your horse. Then you can start reading Kindle books on your smartphone, tablet, or computer no Kindle device required. In order to navigate out of this carousel please use your heading shortcut key to navigate to the next or previous heading. In order to navigate out of this carousel please use your heading shortcut key to navigate to the next or previous heading. Page 1 of 1 Start over Page 1 of 1 In order to navigate out of this carousel please use your heading shortcut key to navigate to the next or previous heading. Register a free business account A wellknown speaker, writer, and contributor to leading equestrian journals, he is also a Fellow of the British Horse Society and Coaching Ireland Tutor. He is the inventor of the groundbreaking Micklem Bridle and a breeder of international horses, including Mandiba Karen O'Connor and High Kingdom Zara Phillips. He also discovered Karen and David OConnors three great Olympic medalists, Biko, Custom Made, and Gilt Edge.To calculate the overall star rating and percentage breakdown by star, we don't use a simple average. Instead, our system considers things like how recent a review is and if the reviewer bought the item on Amazon. It also analyzes reviews to verify trustworthiness. Please try again later. jsr 5.0 out of 5 stars Its very detailed and tailored for the motivated beginning rider that would like to deepen their knowledge of English balance seat, eventing, and dressage. At the end of each chapter, there is an extremely helpful troubleshooting chart with solution suggestions for you to try. This book is intended as an accompaniment for a student actively taking

lessons. <https://eaitsm.org/userfiles/file/7010ix-manual.xml>

What is not covered in here is Western style riding, steeplechase, horse racing, grooming, and polo. I would like to see a book like this covering those subjects though. I was considering buying other books to add to my equestrian library, but my instructor and I find this one to be extremely complete and accurate. I take lessons with the people that wrote this book, I ordered another pair in tan, for a more expensive price, and they are doing fine. Now it's on me to put this information to use. We found that our complete lack of basic horse knowledge was a hindrance during our lessons. I am pleased with the book. Well organized content, with great illustrations. A wonderful reference for the beginner rider. Can't wait to see how it holds up as we become more experienced. Is more for intermediate rider than beginner. Gave it to my rider niece for her HS Graduation present. Exceptional quality information, very thorough, illustrations outstanding. As you grow, the book stays pertinent. I use it beginner and my instructor still uses it. Wonderfully clear with lots of pictures. It covers a lot of subjects from getting started as a beginner rider the first 105 pages to competition level in Dressage, Showjumping and Crosscountry. I would view this as a book for a lifetime of reading, a resource that you can keep going back to over the years. Excellent glossary of information too. As a beginner rider myself, lots of this book is way over my skill level but it is written so well that it is a pleasure to read even if I can't actually do what they are talking about. So if you are looking for a step by step guide to the basics, this book won't help you enough but if you are looking for a book that will be used over and over again as you advance then it's worth having especially if you are an information nerd. Sorry, we failed to record your vote. Please try again This is a great book to help refresh your memory on the basics.

Most of the book is taken up by tips for more advanced riders dressage, show jumping, cross country, training horses. but I have found that some of these sections are also helpful for novices too such as riding circles, straight lines. There is also a large section on rider fitness at the back of the book which covers gentle exercises to improve your position, balance, strength, suppleness and core fitness. As an adult returning to the saddle I was surprised at how out of shape I was. I tried the exercises and my instructor can see, and maybe more importantly, I can feel improvement. Would recommend. Sorry, we failed to record your vote. Please try again Amazed at its new condition especially for the price, wow, thank you. Years ago had Charlie Micklem lessons which were fab and now use a William Micklem Rambo bridle. Sorry, we failed to record your vote. Please try again A pleasant read with good illustrated depictions. Sorry, we failed to record your vote. Please try again Sorry, we failed to record your vote. Please try again Well illustrated and nice format but not sure who it is for. Sorry, we failed to record your vote. Please try again William Micklem sure knows his stuff! Sorry, we failed to record your vote. Please try again It was a really thick, hard backed book and really good value for money. The person I bought it for has found it good reading and really helpful. Sorry, we failed to record your vote. Please try again Really love this book. Sorry, we failed to record your vote. Please try again It was especially good for learning about jumping, which I previously had difficulty with. I also like this book because it has a list of horse and rider equipment. I would recommend this product to riders of all levels. Sorry, we failed to record your vote. Please try again.

Find out more Now revised and updated, the Complete Horse Riding Manual covers dressage, show jumping, and crosscountry riding, detailing everything you need to know to compete in these events, whether you are a beginner or more experienced rider. Complete Horse Riding Manual is brimming with advice on finding the best horse for you, training a young horse, forming the ultimate horse and rider team, boosting and maintaining your own physical fitness and suppleness, and building the fitness and stamina of your horse. Now revised and updated, the Complete Horse Riding Manual covers dressage, show jumping, and crosscountry riding, detailing everything you need to know to compete in these events, whether you are a beginner or more experienced rider. Now

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The presentation and photography throughout the book make this a super book to THE HORSE AND HOUND Lucy Higginson Editor I am not giving my copy back. HORSE MAGAZINE Jaki Bell Editor Each topic is dealt with in a straightforward manner and short snappy paragraphs make even the most daunting subject much clearer. William is truly gifted in the ability to share his vast knowledge. A must for all horse and pony owners. THE IRISH FIELD Siobhan English Editor It is right at the forefront of equestrian sport in the 21st century and should sit on every horseman's shelf. It is at the top of the recommended reading list for the EFI Coaching Programme. This is an excellent book. BARON HANS BLIXENFINECKE Olympic Gold Medalist He has shaped my career, as he has so many others. Enjoy this timeless contribution to the horse world. The More Experienced Rider, the official Pony Club video.. Be Safe with Horses, the Teagasc film. Start Riding for STV. Lets Go Riding for RTE.. Ride On. Du kan lse ebogen pa computer, tablet, smartphone og diverse ebogslsere. Du skal bruge et specielt lseprogram til din enhed. Ls mere om programmer, sidetal og print af eboger her. Suitable for horse riders of all ages and all abilities it will guide you through every stage of the riding process from the first time in the saddle to mastering advanced riding skills. Revised and updated to include all the latest techniques and equipment, you'll find everything you need to know about dressage, show jumping, cross country and young horse training as well as how to find and develop your ultimate horse, all presented in spectacular visual detail. Professional tips on mental and physical preparation for both horse and rider from internationally renowned horse trainer, William Micklem, will ensure equestrian excellence Complete Horse Riding Manual is a truly thoroughbred guide. Sammen med vores kunder og UNICEF gor vi en indsats for, at alle verdens born skal lre at lse.

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training as well as how to find and develop your ultimate horse, all presented in spectacular visual detail. Professional tips on mental and physical preparation for both horse and rider from internationally renowned horse trainer, William Micklem, will ensure equestrian excellence Complete Horse Riding Manual is a truly thoroughbred guide. Suitable for horse riders of all ages and all abilities it will guide you through every stage of the riding process from the first time in the saddle to mastering advanced riding skills.

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Featuring tips from internationally renowned horse trainer William Micklem, Complete Horse Riding Manual is a truly thoroughbred guide that is a must-have for any horse lover. The study shows that the interviewed riders describe the communication with the horses partly in a behavioristic way, applying concepts based on learning theory, which deviate from the description of riders as lacking understanding of these concepts put forth by some researchers. The riders connect the timing of their aids to equestrian feel, which they describe as the most difficult yet the most rewarding aspect of the interspecies communication that riding is. Simultaneously, they acknowledge that horses are fully capable of choosing to listen to and cooperate with their requests. Download fulltext PDF Interviews with 15 amateur dressage riders was analyzed using a 6 qualitative approach. The study shows that the interviewed riders describe the communication 7 with the horses partly in a behavioristic way, applying concepts based on learning theory, which 8 deviate from the description of riders as lacking understanding of these concepts put forth by 9 some researchers. The riders connect the timing of their aids to equestrian feel, which they 10 describe as the most difficult yet the most rewarding aspect of the interspecies communication 11 that riding is. Simultaneously, they acknowledge that horses are fully capable of choosing to 12 listen to and cooperate with their requests. 13 14 15 16 Keywords dressage, riderhorse communication, humanhorse communication, learning theory, equestrian feel. 17 18 Introduction 19 Horse riding is an activity which essentially depends on interspecies communication, where good 20 communication is considered the foundation for good outcomes, regardless of whether the 21 outcome is evaluated in terms of rider satisfaction, horse welfare or competition results.

In contrast to dogs and cats, horses are large sized 34 In this project, we 43 analyze the interaction between riders, trainers and horses in order to improve the understanding 44 of this communicative

activity type ii Linell 2009. Applied to 48 riding, this means that the knowledge of riding is situated in the rider's body and experience and 49 therefore is difficult to express in words Schon, 1983, Zetterqvist, 2000 . An 52 experienced rider is for instance able to intuitively communicate with the horse without being 53 able to explain exactly what she is doing. Much of the communication is dependent on the body to body 64 interfaces of the horse's back, sides and mouth and the rider's seat seat bones and crutch, legs 65 and hands, respectively, which are instantly activated when horse and rider engage in mutual 66 movement Game 2001, Birke 2009, Dashper 2016. In equestrian communication, both horse 67 and rider responds primarily to movements in different parts of the o ther's body Keaveney 68 Many of 82 these qualitatively oriented studies are oriented towards HumanAnimal Studies HAS, but 83 equestrian communication has also been studied within a research area referred to as Equitation 84 Science ES. To some extent, the dialogue between these two perspectives is hampered by their 85 different theoretical and methodological origins. Where the HumanAnimal Studies departs from 86 an anthropological and sociological perspective where communication is understood as meaning 87 making rather than signal transmission, Equitation Science, with its roots in ethology and 88 veterinary science, departs from a behavioristic understanding of learning and thus favors the 89 signal transmission metaphor for communication. 90 91 In HumanAnimal studies HAS of humanhorse communication, with its interest in the 92 qualities of interspecies dialogue, the focus of the analyses is normally the interaction between 93 horses and humans, as reported in interview data.

Brandt calls this language a "third 96 language" 2004 313, native neither to rider nor horse. Evans and Franklin 102 Similarly, Maurstad, Davis and Cowles 2013 104 describe horse and human as "co beings" that move in synchronization. Game 2001 describes this rider and horse come to "inhabit riding through rhythm as a 107 musician inhabits a piece of music" 20018. However, riding is not always as smooth as this 108 idealized description suggests. Smith 2015 points to the "possibility of fussing, flailing, falling 109 and failing in moments of resistance, evasion and contrariness" Smith 201541, describing the 110 "the off beats, syncopations and arrhythmias of shortened steps, speed changes, false bends, and 111 stiffened gaits" Smith 201547. Th ese difficulties are acknowledge also by other researchers. 112 However, writers such as Wipper 2000, Maurstad, Davis and Coles 2013 and Thompson and 113 Nesci 2016, conclude that the relation between a human and a horse grow continuously as they 114 interact over time both rider and horse change and adapt to each other, as they learn to 115 understand each other and thus improve their equestrian communication. 116 117 In Equitation Science ES, the theoretical perspective is distinctly different, departing from a 118 behavioristic perspective on learning and a focus on equine welfare, which are both highly valued 119 in ethology and veterinary science. In ES, the behavioristic perspective on learning leads to a 120 firm belief in that if humans learn to accurately time their contributions initiatives as well as 121 responses to the horses' responses, or lack of responses in the interaction with the horse, the 122 communication will run smoother and unnecessary force can thus be avoided.

Studies are based 123 on quantitative methods, and an explicit aim is to "removes anthropomorphism and 124 emotiveness" see the introductory statements on the official website of the International Society 125 for Equitation Science, ISES 2016. Here, horses are seen more as objects responding to 126 humans' initiatives than subjects interacting with humans, and communication is viewed from a 127 monological rather than dialogical perspective Linell 1998. It is important to recognize that this 128 is not so much a moral stance as a result of the history of this tradition and the research 129 disciplines from which Equitation Science has sprung. Since ES was born out of a wish to 130 contribute to an improved welfare for horses, it is natural that many studies oriented to the ES 131 tradition can be described as normative rather than a descriptive in their approach. 132 According to ES, a rider who wishes to communicate successfully with the horse, needs basic 133 knowledge in learning theory to be able to handle different aspects of the interaction. According 134 to ES, signals aids to the horse should be given in a consistent form and

should be timed 135 correctly. Positive reinforcement is the addition of a pleasant stimulus 137 to reward the desired response and thus make this response more likely in the future while 138 negative reinforcement is the subtraction of something aversive such as pressure to reward the 139 desired response. Specific pressure from the 141 rider signals to the horse that a specific response is required while it is the removal of pressure 142 from rein or leg that reinforces the response. The timing of release of the pressure in relation to 143 the response is critical and poor timing can cause behavioral problems in the ridden horse. The temperament of horses varies and some horses are more sensitive to the rider's aids 164 than other Visser et al 2008.

165 166 Sports dressage 167 Sports dressage, or competitive dressage, can be described as an Olympic discipline where horse 168 and rider perform certain sets of movements in specific gaits and tempos, whilst being evaluated 169 by appointed referees. But it can also be described as a set of norms to which riders can relate in 170 This is especially true in the 172 cultural context of Sweden, where so called public riding schools allmanna ridskolor in Swedish 173 provide group riding lessons for everyone but especially children who are interested in riding. 174 These establishments receive considerable subsidies from the local authorities as well as the 175 government, which has resulted in that riding is the second largest sports among Swedish girls 176 after football and the third largest over all after football and ice hockey. The instructors are 177 normally educated within the system of the Swedish Equestrian Federation. 178 179 Sports dressage is governed by the set of rules presented by the FEI Federation Equestre 180 Internationale . Today, one of the most wellknown manuals on riding is probably the one 189 by the German National Equestrian Federation German National Equestrian Federation 1997. 190 According to the German manual, as well as several other military riding manuals, all aids must 191 be coordinated and consist of combined actions of weight, legs and rein aids. This means for 192 instance that even if one specific response is requested, the rein aids should only be given in 193 conjunction with leg and weight aids. However, different equestrian authorities do not concur on 194 this very basic aspect of equestrian communication. Dashper 2016 202 stresses that a rider having feel is able to both speak to and listen to the horse when riding.

203 According to the German National Equestrian Federation 1997, the rider's feel is essential for a 204 The rider's sense of 205 feel has sometimes been compared to the musician 's sense of hearing Podhajsky, 1965. The aim of this study 214 is thus to examine how the riders participating in the Developing Dressage Didactics project 215 describe their communication with the horses they ride. This aim is operationalised in three 216 research questions 217 218 How do riders describe equestrian communication 219 How do riders describe the horse's response or lack of response to their aids 220 How do riders act when the horse does not respond as they had intended 221 222 Materials and methods 223 As mentioned in the introduction, the study reported here has been conducted as a part of a 224 larger project. In this larger project, fifteen riders, fifteen horses and five trainers have 225 participated. Their trainings have been video recorded at the riding establishments where they 226 normally train, and during the field work at these sites, field notes have been written. During the 227 field work, we have also interviewed the participating riders and instructors. The study reported 228 here is based on verbatim transcriptions of the interviews with the riders. 229 The fifteen riders all females aged 17-61 years participating in the study describe themselves as 230 amateur riders as opposed to professional riders mainly interested in sports dressage and with 231 at least five years of riding experience. Most of them had been riding since they were children, 232 although some had had several pauses throughout their riding trajectories. Twelve of the riders 233 were riding their own horses. The remaining were riding horses that they did not own but were 234 riding on a very regular basis. All horses were all Swedish Warm bloods.

The majority were 235 participating in competitions of elementary to medium level as described by the Swedish 236 Equestrian Federation, although this did not necessarily mean that they identified

themselves as 237 Instead, the majority described themselves as leisure riders, participating in a 238 couple of competitions each season as a way of setting goals for the everyday training. 239 240 The aim of the video recorded trainings was mainly for the rider to get the horse supple, 241 balanced and to move with selfcarriage 1 using subtle aids, although some trainings were more 242 specifically targeting certain movements or aspects of an upcoming competition test. 243 The semistructured, in depth interviews with the riders were conducted directly after each 244 training session we recorded. A brief section of the recording was shown to each participant in 245 the beginning of the interview. Each interview lasted 247 between 20 and 45 minutes. The interviews were carried out in Swedish the riders' native 248 language by the same person, and they were all audiorecorded. When all interviews had been 249 conducted, they were transcribed verbatim by the interviewer. The resulting data has been 250 analyzed in the original language. The quotations used in this article has been translated for the 251 purpose of the publication. 252 253 Based on the fundamentals of traditions such as ethnography and anthropology, a qualitative 254 analysis of the transcribed interviews has been undertaken. The riders' accounts of how they 255 understand the communication with the horse and how they interact with the horse have been 256 categorized according to themes emergent in the data. The categories were thus not decided 257 before hand, but have been developed over time. The various descriptions have then been 258 compared to identify similarities as well as differences between the accounts.